

BREAKFAST (MON - SUN): 9.30AM - 11AM
LUNCH: 12PM - 2.30PM
AFTERNOON TEA (MON - FRI): 3PM - 4PM
(BOOKING ESSENTIAL)
DINNER: 5.30PM - 9PM



WHILE YOU WAIT
OLIVES 4 / NUTS 4
BREAD & BUTTER, WELSH RAPSEED
OIL, BALSAMIC VINEGAR 3

STARTERS

PEA & MINT SOUP, RICOTTA, NUTMEG (V)(GF) 6	HERITAGE TOMATO, GOATS CURD, BASIL (V)(GF) 7	SMOKED SALMON, AVOCADO, PICKLED KOHLRABI (GF) 9	LOCAL MUSSELS, WHITE WINE, GARLIC, SHALLOTS, CREAM (GF) 8/16
ROASTED PRAWNS, GARLIC, CHILLI & SEAWEED MAYONNAISE (GF) 9	HADDOCK FISH CAKE, CURRY MAYONNAISE, BITTER SALAD 9	SALT & PEPPER SQUID, SPRING ONION, MINT, LIME MAYONNAISE 7	LAMB & APRICOT TERRINE, CHUTNEY, TOAST 8

MAIN DISHES

PORTH EIRIAS FISH PIE (FOR 2) 30	SMOKED HADDOCK, CRUSHED POTATOES, POACHED EGG, BUTTER SAUCE (GF) 16	RUMP STEAK, POTATO CAKE, GARDEN VEGETABLES, PORTH EIRIAS BUTTER (GF) 22	WHOLE PLAICE, YOUNG LEEK, BACON & MUSHROOM (GF) 18
PORTH EIRIAS 8OZ BURGER, BRIOCHE BUN, FRIES & COLESLAW 12	DAILY CATCH FISH FINGERS, FRIES, CRUSHED PEAS & TARTAR SAUCE 15	ROAST PORK CHOP, HISPI CABBAGE, APPLE, SAGE, CIDER DRESSING (GF) 16	ROAST CAULIFLOWER, SALTED GRAPES, CAPERS, SOFT POLENTA (V)(GF) 15
			GARDEN VEGETABLE RISOTTO, PARMESAN (V)(GF) 14

(V) - VEGETARIAN (GF) - GLUTEN FREE

PLEASE LET US KNOW IF YOU HAVE ANY
ALLERGIES OR INTOLERANCES.

WE ARE HAPPY TO PROVIDE YOU WITH
ANY INFORMATION YOU MAY NEED.

SIDES

GARDEN NEW POTATOES, HERB BUTTER	3
BISTRO FRIES	3
SEASONAL GARDEN VEGETABLES	3
MIX LEAF SALAD, HOUSE DRESSING	3

WHEN POSSIBLE WE USE
FRUIT & VEGETABLES FROM
OUR KITCHEN GARDEN
HEAD CHEF JOHN WYNNE

PORTHEIRIAS.COM | FACEBOOK.COM/PORTHEIRIAS
TWITTER / INSTAGRAM: @BRYNPORTHEIRIAS

SIGNED COOKBOOK'S | BRYNS KITCHEN £20
FOR THE LOVE OF VEG £20 / TIR A MÔR £14.99

BRECWAST (LLUN – SUL): 9.30YB – 11YB
CINIO: 12YP – 2.30YP
TE PRYNHAWN (LLUN – GWEN): 3YP – 4YP
(TRWY ARCHEBU YN UNIG)
CINIO NOS: 5.30YH – 9YH



TAMAID I AROS PRYD
OLIFAU 4 / CNAU 4
BARA GYDA MENYN NEU OLEW HADAU
REP A FINEGR BALSAMIG 3

CWRS CYNTAF

CAWL PYS A MINTYS, RICOTTA, NYTMEG (LL) (DG)	6	TOMATOS TREFTADAETH, CYRD GEIFR, BASIL (LL) (DG)	7	EOG WEDI'I FYGU, AVACADO, KOHLRABI WEDI'I BICLO (DG)	9	CREGYN GLEISION LLEOL, SIALÓTS, GARLLEG, GWIN GWYN, HUFEN (DG)	8/16
GORGIMYCHIAID WEDI'U RHOSTIO, GARLLEG, MAYONNAISE TSILI A GWYMON (DG)	9	CACEN CORBENFRAS, MAYONNAISE CYRI DAIL CHWERW	9	MÔR-LAWES PUPUR A HALEN, SIBWNS, MINTYS A MAYONNAISE LEIM	7	TERRINE CIG OEN, BRICYLL, SIYJNI, TOST	7

PRIF BRYDAU

PASTAI BYSGOD PORTH EIRIAS (AR GYFER 2)	30	CORBENFRAS WEDI'I FYGU, TATWS MATHREDIG, WY WEDI POTSIO A SAWS MENYN (DG)	16	STECEN RUMP, TEISEN DATWS, LLYSIAU GARDD, MENYN PORTH EIRIAS (DG)	22	LLEDEN GYFAN, CENNIN IFANC, CIG MOCH A MADARCH (DG)	18
BYRGYR 8 OWNS PORTH EIRIAS, BARA BRIOCHE, SGLODION & COLSLO	12	BYSEDD PYSGOD NEWYDD EU DAL, SGLODION, PYS MATHREDIG, SAWS TARTAR	15	GOLWYTH PORC, BRESYCH HISPI, AFAL, SAETS BLASLYN SEIDR (DG)	16	BLODFRESYCH RHOST, GRAWNWIN HALLT, CAPERS, POLENTA MEDDAL (LL) (DG)	15
						RISOTO LLYSIAU'R ARDD, PARMESAN (LL) (DG)	14

(LL) – LLYSIEUOL (DG) – DI-GLWTEN
RHOWCH WYBOD INNI OS OES GENNYCH
CHI UNRHYW ALERGEDD.
FE FYDDWN NI'N FWY NA PHAROD
I ROI UNRHYW WYBODAETH I CHI.

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PETHAU YCHWANEGOL

TATWS NEWYDD GARDD, MENYN PERLYSIAU	3
SGLODION BISTRO	3
LLYSIAU TYMHOROL YR ARDD	3
SALAD DAIL CYMYSG, BLASLYN Y Tŷ	3

PAN AR GAEL DEFNYDDIWN FFRWYTHAU
A LLYSIAU O'N GARDD CEGIN NI
PRIF GOGYDD JOHN WYNNE

LLYFRAU COGINIO WEDI EU LLOFNODI GAN BRYN
BRYNS KITCHEN £20 / FOR THE LOVE OF VEG £20 / TIR A MÔR £14.99