

BREAKFAST (MON - SUN): 9.30AM - 11AM
LUNCH: 12PM - 2.30PM
AFTERNOON TEA (MON - FRI): 3PM - 4PM
(BOOKING ESSENTIAL)
DINNER: 5.30PM - 9PM



WHILE YOU WAIT
OLIVES 4 / NUTS 4
BREAD & BUTTER OR WELSH RAPSEED
OIL, BALSAMIC VINEGAR 3

STARTERS

PEA & MINT SOUP, RICOTTA, NUTMEG (GF) (V)	6	SALAD OF BEETROOT, ORANGE, GOATS CURD, BITTER LEAVES (GF) (V)	7	SMOKED SALMON, HERB CREAM, FENNEL SALAD, SODA BREAD	9	LOCAL MUSSELS, WHITE WINE, GARLIC, SHALLOTS, CREAM (GF)	8/16
ROASTED PRAWNS, GARLIC, CHILLI & SEAWEED MAYONNAISE (GF)	9	NEW SEASON ASPARAGUS, BRIOCHE, HOLLANDAISE SAUCE (V)	8	SALT & PEPPER SQUID, SPRING ONION, MINT, LIME MAYONNAISE	7	PORK & APRICOT TERRINE, CHUTNEY, TOAST	7

MAIN DISHES

PORTH EIRIAS FISH PIE (FOR 2)	30	SMOKED HADDOCK, CRUSHED POTATOES, POACHED EGG, BUTTER SAUCE (GF)	16	RUMP STEAK, POTATO CAKE, GARDEN VEGETABLES, PORTH EIRIAS BUTTER (GF)	22	WHOLE PLAICE, YOUNG LEEK, BACON & MUSHROOM (GF)	18
PORTH EIRIAS 8OZ BURGER, BRIOCHE BUN, FRIES & COLESLAW	12	DAILY CATCH FISH FINGERS, FRIES, CRUSHED PEAS & TARTAR SAUCE	15	ROAST PORK CHOP, HISPI CABBAGE, APPLE, SAGE, CIDER DRESSING (GF)	16	ROAST CAULIFLOWER, SALTED GRAPES, CAPERS, SOFT POLENTA (V)	15

(V) - VEGETARIAN (GF) - GLUTEN FREE

PLEASE LET US KNOW IF YOU HAVE ANY
ALLERGIES OR INTOLERANCES.

WE ARE HAPPY TO PROVIDE YOU WITH
ANY INFORMATION YOU MAY NEED.

SIDES

GARDEN NEW POTATOES, HERB BUTTER	3
BISTRO FRIES	3
SEASONAL GARDEN VEGETABLES	3
MIX LEAF SALAD, HOUSE DRESSING	3

WHEN POSSIBLE WE USE FRUIT &
VEGETABLE FROM OUR KITCHEN GARDEN

GENERAL MANAGER DAVID STEPHENS

HEAD CHEF JOHN WYNNE

PORTHEIRIAS.COM | FACEBOOK PORTHEIRIAS.COM
TWITTER / INSTAGRAM: @BRYNPORTHEIRIAS

SIGNED COOKBOOK'S | BRYNS KITCHEN £20
FOR THE LOVE OF VEG £20 / TIR A MÔR £14.99

BRECWAST (LLUN - SUL): 9.30YB - 11YB
CINIO: 12YP - 2.30YP
TE PRYNHAWN (LLUN - GWEN): 3YP - 4YP
(TRWY ARCHEBU YN UNIG)
CINIO NOS: 5.30YH - 9YH



TAMAID I AROS PRYD
OLIFAU 4 / CNAU 4
BARA MENYN NEU OLEW RAPSEED CYMREIG,
FINEGR BALSAMIC PAN AR GAEL DEFNYDDIWN
FFRWYTHAU A LLYSIAU O'N GARDG GEGIN NI 3

CWRS CYNTAF

CAWL PYS A MINTYS, RICOTTA, NYTMEG (DG) (LL) 6	SALAD BETYS, OREN, CEULED GAFR, DAIL CHWERW (DG) (LL) 7	EEOG WEDI'I FYGU, PERLYSIAU HUFEN, SALAD FFENIGL, BARA SODA 9	CREGYN GLEISION LLEOL, SIALÓTS, GARLLEG, GWIN GWYN, HUFEN (DG) 8/16
GORGIMYCHIAID WEDI'U RHOSTIO, GARLLEG, MAYONNAISE TSILI A GWYMON (DG) 9	ASBARAGWS TYMOR NEWYDD, BRIOCHE, SAWS HOLLANDAISE (LL) 8	MÔR-LAWES PUPUR A HALEN, SIBWNS, MINTYS, A MAYONNAISE LEIM 7	TERRINE PORC A BRICYLL, SIYTNI, TOST 7

PRIF BRYDAU

PASTAI BYSGOD PORTH EIRIAS (AR GYFER 2) 30	CORBENFRAS WEDI'I FYGU, TATWS MATHREDIG, WY WEDI POTSIO A SAWS MENYN (DG) 16	STECEN RUMP, TEISEN DATWS, LLYSIAU GARDG, MENYN PORTH EIRIAS (DG) 22	LLEDEN GYFAN, CENNIN IFANC, CIG MOCH A MADARCH (DG) 18
BYRGYR 8 OWNS PORTH EIRIAS, BARA BRIOCHE, SGLODION & COLSLO 12	BYSEDD PYSGOD NEWYDD EU DAL, SGLODION, PYS MATHREDIG, SAWS TARTAR 15	GOLWYTH PORC, BRESYCH HISPI, AFAL, SAETS BLASLYN SEIDR (DG) 16	BLODFRESYCH RHOST, GRAWNWIN HALLT, CAPERS, POLENTA MEDDAL (LL) 15

PETHAU YCHWANEGOL

TATWS NEWYDD GARDG, MENYN PERLYSIAU	3
SGLODION BISTRO	3
LLYSIAU TYMHOROL YR ARDD	3
SALAD DAIL CYMYSG, BLASLYN Y Tŷ	3

(LL) - LLYSIEUOL (DG) - DI-GLWTEN
RHOWCH WYBOD INNI OS OES GENNYCH
CHI UNRHYW ALERGEDD.
FE FYDDWN NI'N FWY NA PHAROD
I ROI UNRHYW WYBODAETH I CHI.

PAN AR GAEL DEFNYDDIWN FFRWYTHAU
A LLYSIAU O'N GARDG CEGIN NI
RHEOLWR CYFREDINOL DAVID STEPHENS
PRIF GOGYDD JOHN WYNNE

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LLYFRAU COGINIO WEDI EU LLOFNODI GAN BRYN
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